

Confidence means learning to see yourself the way God sees you.



DAY 1

Read Philippians 4:12-13

Philippians 4:13 reminds us of one big truth, that with Jesus, anything is possible. Nothing is too big or hard for Him. But it's also important to read verse 12. Paul, who wrote these words in a letter to the church in Philippi, was explaining that he had learned how to make it through anything. The key for Paul was to stay focused on Jesus! When we follow Jesus, He will help us face any situation with confidence.

Write your name in the blank below and read the verse again. Remember, this verse doesn't mean you can do anything you want to do. This verse reminds us that we can do anything that God calls us to do. We can do anything that lines up with His will or His plan for us! **And the best way you can know what those "anythings" are is to focus on Jesus.**

"_____ can do all this through him who gives me strength."
Philippians 4:13

DAY 2

Read Isaiah 26:3

If there's anything we've learned this year, it's that unplanned things can happen. In just a few days, because of this thing called Covid 19, our whole world changed. Schools were closed. We started to learn new terms like "social distancing." We started buying masks and took hand washing to a whole new level. Yet through it all, today's verse reminds us that we can still have a deep-down confidence, an assurance that everything will be okay. How? By staying focused on Jesus!

Is there something you're worried about? Something you're facing that you're not quite sure how it will work out? Stop what you're doing right now and write it down in the space below. Ask God to help you stay focused on Jesus and to trust Him with the situation you're worried about. **God hears you when you pray.** He cares about the things you care about. Ask God to help you and He will.

DAY 3

Read Psalm 86:11

One of the best ways to stay connected to God is to spend time with Him. You're doing that right now as you read His word and complete this GodTime. Today's verse is a great one to use as a prayer. What if you started every day with these words, "Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name."

You might be thinking, what is an undivided heart? That's just another way of saying, **"God, do not allow other things to distract me or steal my focus away from you."**

Write this verse on a card and put it in the back of the seat in front of you in the car. Every time you head somewhere this week, repeat these words as a prayer, asking God to help you stay focused on Jesus this week.

DAY 4

Read Matthew 14:30-31

Do you know what happened right before Jesus walked on water? Jesus fed a crowd of over 5,000 people with one small lunch. The disciples passed out basket after basket of food. And they were in the boat when Jesus walked out to meet them.

But when Jesus called out to them, only Peter stepped out of the boat. When he began to sink, Peter didn't ask his friends in the boat to throw out a line. Peter cried out to Jesus saying, "Lord, save me!"

Peter learned in a super dramatic way that we have to keep our focus on Jesus.

Grab a large bowl and fill it with water. Set a timer for one minute and run to gather as many small items (that are okay to get wet) as you can before the timer runs out. Write down the name of each item and whether you think the item will sink or float. Then, one at time, place each object in the water to see if your prediction was correct.

Stay focused on Jesus.