

# UNSTUCK

DON'T GIVE UP

## PARENT GUIDE

Use this guide to help your family learn how God can help us live with determination.

May 10th

### MEMORY VERSE

“Let us not become tired of doing good. At the right time we will gather a crop if we don’t give up.”

Galatians 6:9, NIV

### LIFE APP

DETERMINATION:

Deciding  
it’s worth it to finish  
what you started

### BIBLE STORY

The Holy Spirit Comes  
at Pentecost  
(Acts 2:1-41)

### BOTTOM LINE

God gives you what you need  
to keep going.

### ACTIVITY: Determination Is Delicious

#### WHAT YOU NEED:

Cheerios, Froot Loops, or other circular cereal, or beads; as well as a pipe cleaner, string, plastic lacing cord, etc.

#### WHAT YOU DO:

Challenge your kid to thread the cereal (or beads) onto the pipe cleaner or string. The catch is, they can only use one hand! Encourage them to get creative with how they hold the pipe cleaner or string in place while adding the cereal (or beads). This will be a challenge, for sure, but let your kid know that you believe they’re up to the task! When they finish, help them tie the string or pipe cleaner onto their wrist and wear it like a bracelet. If you used cereal, let your kid eat the fruits of their labor!

Engage them in a conversation about what it felt like to get frustrated with something, but then to be able to push through that frustration. Ask about some frustrating situations your family has recently experienced—and talk about how you can keep going instead of giving up.

#### Talk about the Bible story:

o **What was the task that Jesus gave to the disciples right before He was taken up to heaven?** (Hint: See Matthew 28:16-20.) (To tell everyone about Him; to spread the word all over the world)

o **Why would the disciples need determination to spread the word about Jesus?** (Because there are a lot of people in the world; they didn’t speak the same language as everyone in other countries)

o **How did the Holy Spirit help Jesus’ followers tell others about Him?** (The Spirit made it so they could speak and everyone could understand, even if they didn’t speak the same language already)

o **How does the Holy Spirit help us today?** (When we believe in Jesus and what He did for us, God gives us the help of His Spirit; the Spirit helps us find the strength to keep going)

### PRAYER

Use this prayer as a guide, either after talking about the Bible Story or sometime before bed tonight:

“Dear God, when something is really hard and we want to give up, please give us what we need to keep going. We know that there’s a lot we can’t do on our own, but You want to help us have determination. When we get discouraged, please encourage us with Your Spirit. And when the people we love get discouraged, help us to know how to encourage *them* to keep going, too. Thank You that You’ve never and WILL never give up on us! In Jesus’ name we pray, amen.”



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CUE

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Older Elementary



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### KEY QUESTION

What helps you keep going?



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## ACTIVITY: True/False Race

### WHAT YOU NEED:

Two sheets of paper, tape

### WHAT YOU DO:

Write a giant “T” on one sheet of paper and a giant “F” on the other. Tape the papers to the wall or place them on the floor, as far apart as possible (but still in the same room!). Read the true/false statements below, one at a time. Challenge your kid to quickly decide if the statement is true or false—and then, as quickly as possible, slap the corresponding paper. If you have three or more people who can participate, you can make this a competition. Otherwise, make it a goal just to get to the correct paper as fast as possible.

#### True/False Statements:

All of the believers gathered for the day of Pentecost. True or false? (True)

Days before Pentecost, Jesus gave the believers a huge job that seemed impossible to complete. True or false? (True)

A sound came from heaven; it was like a strong wind blowing, and the believers saw a light bulb rest on each of them. True or false? (False; it looked like fire in the shape of tongues)

The believers were filled with the Holy Spirit and began to floss dance in front of a crowd of people. True or false? (False)

Bonus: What did the believers begin to do when they were filled with the Holy Spirit? (speak in languages they didn’t know)

After receiving the Holy Spirit, Peter spoke boldly to the crowd about Jesus. True or false? (True)

Jesus promised that the Holy Spirit will give us whatever we want. True or false? (False)

### Talk about the Bible story:

- o What was the task that Jesus gave to the disciples right before He was taken up to heaven? (Hint: See Matthew 28:16-20.) (To tell everyone about Him; to spread the word all over the world)
- o Why would the disciples need determination to spread the word about Jesus? (Because there are a lot of people in the world; they didn’t speak the same language as everyone in other countries)
- o In the story, what did the Holy Spirit give Peter? (determination, boldness to speak, the words to say)
- o Ask about some frustrating situations your family has recently experienced—and talk about how you can keep going instead of giving up.
- o What’s something you can do this week when you feel like giving up, or when you’re super-frustrated with our current circumstances?

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